

Fall/Winter Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Milk WG Frosted Mini Wheats Peaches	Milk Biscuits & Sausage Patty Oranges	Milk WG Baked Muffins Pears	Milk WG French Toast Sticks Bananas	Milk Cheese with WG Toasted Bread Apple Slices
Lunch	Milk Dirty rice with Beef Green Beans Pears WG Sliced Bread	Milk Cheeseburger on WG Bun Tatar Tots Tropical Fruit	Milk Ravioli WG Slice Bread with Garlic Butter Green Beans Peaches	Milk Fish Sticks Broccoli Pineapple Saltine Crackers	Milk Salisbury Steak Mashed Potatoes Oranges WG Sliced Bread
Snack	Water American Cheese Slice Saltine Crackers	Water WG Goldfish Apple Sauce	Water Yogurt Graham Crackers	100% Apple Juice Animal Crackers	Water Cheese Stick Corn Bread

Unflavored 1% milk and 1% lactose-free milk are served to children aged 2 years and older.

Unflavored whole milk and whole lactose-free milk are served to children 1 year old.

Water is provided with snacks.

WG = Whole Grain

Weekly Menu _____ to _____

